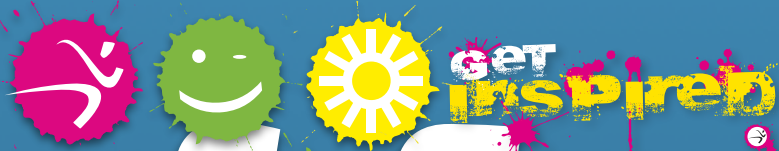


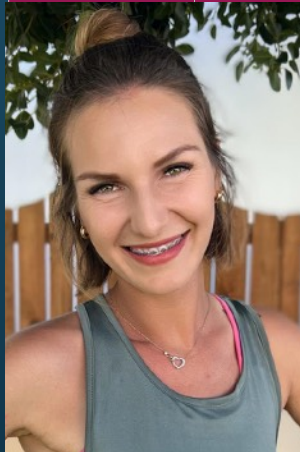
GÜRAL PREMIER BELEK PRESENTS



Fitness & Fun

24.07-30.07 2023 PROFITNESSWEEKS.COM FEAT. DOROTA TULIBACKA SPAIN & THE GÜRAL SPORTS TEAM

	MONDAY 24.07	TUESDAY 25.07	WEDNESDAY 26.07	THURSDAY 27.07	FRIDAY 28.07	SATURDAY 29.09	SUNDAY 30.07
08.15-09.00 SPORTS AREA	VINYASA YOGA SPORTS TEAM	MORNING YOGA DOROTA	MOVING MEDITATION DOROTA	HATHA YOGA SPORTS TEAM	MORNING YOGA DOROTA	MOVING MEDITATION DOROTA	VINYASA YOGA SPORTS TEAM
10.15-11.00 SPORTS AREA	STEP AEROBICS DOROTA	JUMPING FITNESS SPORTS TEAM	ZUMBA FITNESS DOROTA	PELVIC MUSCLES WORK SPORTS TEAM	STEP AEROBICS DOROTA	DANZY PARTY DOROTA WITH TEAM	LATIN DANCE DOROTA
11.15-11.45 SPORTS AREA & POOL	AQUA SPLASH DANCE DOROTA	AQUA ZUMBA DOROTA	CROCODILE POOL GAMES	AQUA SPLASH DANCE DOROTA	AQUA GYM WITH NOODLES SPORTS TEAM	AQUA ZUMBA DOROTA	AQUA FITNESS DOROTA
16.15-17.00 SPORTS AREA	AQUA SPINNING IN THE MAIN POOL	FOAM PARTY	PELVIC MUSCLES WORK SPORTS TEAM	PILATES FOR ALL DOROTA	JUMPING FITNESS SPORTS TEAM	AQUA SPINNING IN THE MAIN POOL	PELVIC MUSCLES WORK SPORTS TEAM
17.15-18.00 SPORTS AREA	ZUMBA PARTY FITNESS & FUN DOROTA WITH TEAM	LATIN DANCE FITNESS & FUN DOROTA	DISCO MOVES FITNESS & FUN DOROTA	FAMILY FITNESS & FUN DOROTA	ZUMBA PARTY FITNESS & FUN DOROTA WITH TEAM	CROSS FITNESS SPORTS TEAM	PILATES FOR ALL DOROTA



**INTERNATIONAL PRESENTER
DOROTA TULIBACKA -
FUERTEVENTURA, SPAIN**

International presenter.
Background from professional ballroom dance.
Specialized in dance classes - Latin, Zumba, Salsa, Bachata but also in Body & Mind classes like Yoga, Pilates, Meditation & more.
Long time member of the AerobicWeekends International Presenter team.
@tulibka



"The key to succes is to have fun while training. Each class is suitable for all, from beginners to elite trained athletes. Together we will have fun, push ourselves and enjoy our vaction. All you have to do is join us and we will help you improve your fitness."