GÜRAL PREMIER BELEK PRESENTS

FINESS & FUN

08.08 - 14.08 2022 PROFITNESSWEEKS.COM

FEAT. DOROTA TULIBACKA SPAIN 32VMBA

	MONDAY 08.08	TUESDAY 09.08	WEDNESDAY 10.08	THURSDAY 11.08	FRIDAY 12.08	SATURDAY 13.08	SUNDAY 14.08
08.15-09.00 Sports area	VINYASA Yoga Sports team	HATHA Yoga Sports team	MORNING Yoga Dorota	HATHA Yoga Sports team	VINYASA Yoga Sports team	MORNING Yoga Dorota	MORNING PILATES Sports team
10.15-11.00 Sports Area	LATIN Dance Dorota	PILATES For all Dorota	ZUMBA Fitness Dorota	PILATES For all Dorota	LATIN Dance Dorota	DANZY PARTY DOROTA WITH TEAM	FATBURNING Workout Sports team
11.15-11.45 Sports area & Pool	BOOTY Workout Sports team	AQUA Zumba Dorota	MORNING Pilates Sports team	AQUA Splash dance Dorota	BOOTY Workout Sports team	AQUA Zumba Dorota	FAT BURNING Workout Sports team
15.15-16.00 Sports Area	PILATES WITH BALL SPORTS TEAM	STRETCH All Body Sports Team	PILATES WITH BAND SPORTS TEAM	STRETCH All Body Sports Team	PILATES WITH BALL Sports team	STRETCH All Body Sports Team	TOTAL BODY Workout Sports team
16.15-17.00 Sports Area	ZUMBA PARTY FITNESS & FUN DOROTA with team	CROSS FITNESS SPORTS TEAM	DISCO MOVES Fitness & Fun Dorota	CROSS FITNESS Sports team	ZUMBA PARTY FITNESS & FUN DOROTA WITH TEAM	CROSS Fitness Sports team	ZUMBA Fitness & Fun Sports Team
17.15-18.00 Sports area	CROSS FITNESS Sports team	STEP AEROBICS Dorota with team	CROSS FITNESS Sports team	FAMILY Fitness & Fun Dorota	CROSS FITNESS Sports team	STEP Aerobics Sports team	CROSS FITNESS Sports team



INTERNATIONAL PRESENTER DOROTA TULIBACKA FUERTEVENTURA

International presenter.
Background from professional ballroom dance.

Specialized in dance classes -Latin, Zumba, Salsa, Bachata but also in Body & Mind classes like Yoga, Pilates, Meditation & more. Long time member of the AerobicWeekends International Presenter team. @tulibka



"The key to succes is to have fun while training. Each class is suitable for all, from beginners to elite trained athletes. Together we will have fun, push ourselves and enjoy our vaccation. All you have to do is join us and we will help you improve your fitness."











